

Mission:

We develop compassionate, competent, and confident professionals, empowering graduates to impact their communities with innovation, integrity, and inclusivity.

Vision

To cultivate a transformative learning environment that engages students in scholarship and diversified experiential opportunities and fosters connection and belonging.

Exercise Science Program Learning Outcomes

PLO1: Interpersonal communication - Students will develop effective interpersonal communication skills, both written and oral, to interact professionally with clients, colleagues, and other healthcare professionals.

PLO 2: Best practices and skill application - Students will demonstrate the skills to assess health and wellness and create programs, considering individual needs and goals.

PLO 3: Ethical and Cultural Considerations - Students will demonstrate an understanding of ethical principles and cultural sensitivity in their practice, ensuring inclusive and respectful treatment of all clients, colleagues, and other healthcare professionals.

PLO 4: Research and critical analysis - Students will effectively read, evaluate, and utilize research related to exercise science to inform professional practice.

PLO 5: Knowledge of the field - Demonstrate a comprehensive understanding of key principles and concepts in the field of exercise science and recognize the importance of continuing education.

PLO 6: Contributions to professions and society - Students will use their knowledge, skills and abilities to promote physical activity, health, and disease prevention in their community and profession.